

**MONTHLY REPORT FOR
ABE MONTOYA RECREATION CENTER
MARCH/APRIL 2011**

1. IMPROVEMENTS:

- a. STRIPPING AND WAXING – Maintenance crew stripped and waxed floors from lobby to fitness center.
- b. DESIGNS ON WALL – Maintenance crew has been painting designs on walls in Phase II racquetball area, hallways and lobby. They will begin working on the fitness center walls this month.
- c. EQUIPMENT – The fitness center just received 2 new treadmills to replace some old ones. Also purchased was a much needed abdominal/lower back machine, Adductor/Abductor machine, Chin dip/ leg raise machine and an indoor concept II rower.
FRONT DESK – Implementing a new sign in process to assist in monitoring and accountability processing for daily use and memberships. There will be fewer clipboards and the sign in process will be easier for customers.

2. **STAFFING** – Three (3) part-time lifeguards were hired to replace 3 outgoing lifeguards in the swimming pool. Hiring process has been started for the Summer Day Camp program, applications are being taken at this time and interviews will follow. There is currently an opening for a part-time recreation leader. Applications are being taken for this position.

3. **RECREATION PROGRAMS** – Several new programs have been implemented this month:

- **Youth Kickball** for children 4 – 8 years old – this program started Sunday April 10, 2011 -Kickball program is open to all boys and girls ages 4-8. Two divisions are formed; 4-6yr old division and 7&8 year old division. Games are played for six (6) weeks on Sundays for one (1) hour at the Abe Montoya Recreation Center. Besides instilling the love of kickball, this league gives children the opportunity to have fun and play a kid's game!
- **Swim lessons** – Swim lessons are beginning next week April 22nd. The next session after that will begin May 10th and class lessons will meet on Tuesdays and Thursdays 3:30pm to 4:30pm and 4:40pm to 5:40pm for six (6) lessons per class session. Sessions will run through the summer. \$30.00 a session per child/adult. Sign up early, class sessions fill up quickly, 10 participants per class session.
- **Spring Running** for children 7 to 14 years old – Registrations ongoing until Friday April 22, 2011 - Spring Running is a fun program designed to teach the basics of running. Ms. Georgiana Brown has a Masters degree in Exercise/Sports Performance and will teach fundamentals of training to become an efficient runner. Activities and lessons are based on the fitness and experience level of each participant and she can evaluate the needs of a strong endurance runner which will include: breathing, technique, resistance training, and speed development. Ms. Brown will also include fun running games and timed races. This five-week program will meet on Mondays & Wednesdays from 5:30 to 6:30 p.m. at the Recreation Center.
- **Adult men's/women's softball league** – First organizational meeting for the summer softball league was held on Monday April 11, 2011. Sponsor fee is \$400.00 and a \$10 player fee is required to participate in this league. Games will be held at the Rodriguez softball fields beginning mid May and running through August. Rosters and rules may be picked up at the recreation center front desk and returned with roster complete and full payment by Friday May 13, 2011.

- **Umpire clinic** – USSSA umpire certification will be held on Saturday April 16, 2011 at 9am at the recreation center. Anyone interested in umpiring for the summer softball league is required to be certified. Umpires will hold a benefit softball tournament to pay for the certification and purchase shirts and equipment needed to umpire. Umpire tournament will be held May 6, 7 & 8, 2011 at the Rodriguez softball fields. Entry fee is \$150.00 and is a double elimination tournament. Contact Brock Aragon at 426-4691.
- **Aqua Zumba Aerobics Classes** – **NEW!** Certified Aqua Zumba instructor Carmel Pacheco Aragon is the Instructor for this class. Jump in the pool and dance away the calories at Aqua Zumba. This hour-long, group-fitness class follows the traditional ZUMBA format of Latin moves done to upbeat, shimmy-inducing tunes-but it's performed in the shallow end of a pool. Great for Senior citizens, and individuals with injury or joint problems! Mondays at 6:45pm, Wednesdays at 7:30pm and Saturdays at 10:30am at the recreation center swimming pool. \$3.00 a class or purchase a CLASS PASS for \$24.00 which gives you 10 classes for the price of 8.
For more information, contact the front desk at 426-1739.
- **Men's Basketball Tournament** – Men's basketball tournament scheduled for Saturday April 29, 2011. Registration information can be picked up at the front desk of recreation center. Contact Misty Williams, Recreation Coordinator at 426-3191 for more information.